Suprazero cooling rate, rather than freezing rate, determines post thaw quality of rhesus macaque sperm

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ABSTRACT

Sperm become most sensitive to cold shock when cooled from 37 °C to 5 °C at rates that are too fast or too slow; cold shock increases the susceptibility to oxidative damage owing to its influence on reactive oxygen species (ROS) production, which are significant stress factors generated during cooling and low temperature storage. In addition, ROS may be a main cause of decreased motility and fertility upon warming. They have been shown to change cellular function through the disruption of the sperm plasma membrane and through damage to proteins and DNA. The objective of this study was to determine which cryopreservation rates result in the lowest degree of oxidative damage and greatest sperm quality. In the rhesus model, it has not been determined whether suprazero cooling or subzero freezing rates causes a significant amount of ROS damage to sperm. Semen samples were collected from male rhesus macaques, washed, and resuspended in TESt-yolk cryopreservation buffer to 100 x 10^6 sperm/mL. Sperm were frozen in 0.5-mL straws at four different combinations of suprazero and subzero rates. Three different suprazero rates were used between 22 °C and 0 °C: 0.5 °C/min (slow), 45 °C/min (medium), and 93 °C/min (fast). These suprazero rates were used in combination with two different subzero rates for temperatures 0 °C to −110 °C: 42 °C/min (medium) and −87 °C/min (fast). The different freezing groups were as follows: slow-med (SM), slow-fast (SF), med-med (MM), and fast-fast (FF). Flow cytometry was used to detect lipid peroxidation (LPO), a result of ROS generation. Motility was evaluated using a computer assisted sperm motion analyzer. The MM and FF treated sperm had less viable (P < 0.0001) and motile sperm (P < 0.001) than the SM, SF, or fresh sperm. Sperm exposed to MM and FF treatments demonstrated significantly higher oxidative damage than SM, SF, or fresh sperm (P < 0.05). The SM- and SF-treated sperm showed decreased motility, membrane integrity, and LPO compared with fresh semen (P < 0.001). Slow cooling from room temperature promotes higher membrane integrity and motility post thaw, compared with medium or fast cooling rates. Cells exposed to similar cooling rates with differing freezing rates were not different in motility and membrane integrity, whereas comparison of cells exposed to differing cooling rates with similar freezing rates indicated significant differences in motility, membrane integrity, and LPO. These data suggest that sperm quality seems to be more sensitive to the cooling, rather than freezing rate and highlight the role of the suprazero cooling rate in post thaw sperm quality.

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1. Introduction

Optimization of cryopreservation techniques is essential for genetic preservation owing to large intra-species variability and the unavoidable occurrence of cryoinjury that
leads to subfertility upon thawing. The cooling process alone disturbs normal chemical and physical cellular conditions, therefore upsetting homeostasis and metabolism. More specifically, cellular injuries owing to low temperatures are a result of cold shock-induced osmotic and oxidative phase transitions of membranes [1–3]. Osmotic and oxidative changes induce an upregulation of reactive oxygen species (ROS) [4,5] and shift cellular oxidative balance in favor of pro-oxidant forces.

The rate of cooling is a major determining factor of cell survival, in which maximum survival occurs at intermediate rates that are not too fast or too slow [6,7]. Sperm survival depends on appropriate interactions between cooling and freezing rates, and osmotic balance. Particularly, sperm survival relies on transfer of cells through thermotropic phase transitions using the most opportune cooling rate in order to allow for proper osmotic adjustments. Addition of cryoprotective agents (CPA), as well as the cooling process alone, disturbs osmotic balance. Alterations to the intra- and extracellular osmolyte concentrations result in a stimulation of mechanisms that regulate sperm cell volume and osmolarity, and this encourages a state of osmotic stress. Osmotic stress is attributed to differences in the relative permeabilities of CPAs and water, as well as temperature dependence of these permeabilities [8–10]. These findings highlight the importance of cryopreservation rate in optimal cooling response of sperm.

Osmotic stress has been shown to trigger ROS production and increases likelihood of oxidative stress [11]. Reactive oxygen species such as superoxide anion and hydrogen peroxide are significant stress factors that are generated during semen cooling and cryopreservation, and may be a major cause of sublethal damage to sperm. Reactive oxygen species have been shown to disrupt the sperm plasma membrane, induce lipid peroxidation (LPO), alter proteins and DNA, and decrease motility and fertility. Reactive oxygen species production has been shown to be maximal at suprazero temperatures rather than below 0 °C, suggesting most of the oxidative stress endured by sperm occurs during suprazero cooling [12]. Therefore, discovery of cooling rates that result in the least likelihood of a pro-oxidant condition is crucial to optimal sperm function post thaw.

Cryopreservation damage to sperm has not been well-studied in a valuable non-human primate model. In the rhesus model, it has not been determined whether cellular oxidative balance is most sensitive to a deviation from optimal suprazero cooling or optimal subzero freezing rates. The objective of this study was to determine whether suboptimal cooling or freezing rates are more likely to lead to a disruption in oxidative balance and thus increase cellular damage and reduce sperm quality.

2. Materials and methods

2.1. Chemicals and media

All chemicals were purchased from Sigma-Aldrich Co (St. Louis, MO) with the following exceptions: NaCl (Fisher, Fair Lawn, NJ, USA) and KCl (Fisher). BODIPY®581/591 C11 (4,4-difluoro-5-(4-phenyl-1,3-butadienyl)-4-bora-3a,4a-diaz-2-s-indacene-3-undecanoic acid) and propidium iodide (PI) was provided by Invitrogen (Carlsbad, CA). The 0.5-mL semen straws were provided by IMV Technologies (Maple Grove, MN, USA).

A Biggers, Whitten, and Whittingham (BWW) medium with 21 mmol/L HEPES buffer and 4 mmol/L sodium bicarbonate was used for sperm collections. This media consisted of 89.83 mmol/L NaCl, 4.78 mmol/L KCl, 1.19 mmol/L MgSO4·7H2O, 1.19 mmol/L KH2PO4, 1.7 mmol/L CaCl2·2H2O, 5.55 mmol/L glucose, 0.25 mmol/L sodium pyruvate, 11% (v/v) DL-Lactic acid syrup, 21.5 mmol/L sodium lactate, and 1% penicillin/streptomycin. A TEST-Yolk medium was used for rhesus semen cryopreservation and consisted of 4.325 g of TES, 1.27 g of Tris, and 1 g dextrose in 100 mL of distilled water with 20% egg yolk, with a pH of 7.4 and 350 mOsm/kg [13].

2.2. Animal handling, semen collection, and sperm preparation

Male rhesus monkeys (Macaca mulatta) were individually housed at the California National Primate Research Center, maintained in accordance with the NIH Guide for the Care and Use of Laboratory Animals, and under the approval of the University of California, Davis, Animal Care and Use Committee. Semen samples were obtained by electroejaculation from three males under chair restraint as described previously [14]. Semen was collected into a 50-mL centrifuge tube containing 5 mL of BWW medium containing 1 mg/mL polyvinylalcohol (BWW/PVA). After collection, semen samples were further diluted in 5 mL BWW/PVA, the coagulum was removed, and the suspension was evaluated for initial motility and sperm concentration.

2.3. Sperm motility evaluation

Fresh, pre-freeze, and post thaw sperm motility characteristics were measured with computer-assisted sperm analysis using HTM Ceros (Version 12.2 g; Hamilton Thorne Biosciences, Beverly, MA, USA). At least 200 cells in a minimum of five fields were evaluated on a prewarmed slide. Slides were maintained at 37 °C through use of a heated slide holder (Hamilton Thorne Research, Beverly, MA, USA). The following instrument settings were used for computer-assisted sperm analysis: Frame rate, 60 Hz; frames acquired, 30; minimum contrast, 80; minimum cell size, 4 pixels; static VAP cutoff, 20 μm/s; static VSL cutoff, 10 μm/s; progressive VAP threshold, 25 μm/s; progressive STR threshold, 80%; static intensity limits, 0.6 to 1.4; static size limits, 0.6 to 2.31; and static elongation limits 0 to 80. Percent total motility (TM) and percent progressive (forward) motility were determined.

2.4. Flow cytometry

Flow cytometry was performed using a FACScan flow cytometer (Becton Dickinson, Franklin Lakes, NJ, USA) with a 488-nm excitation laser. Emission measurements were made using 530/30 band pass (green/FL-1), 585/42 band pass (red/FL-2), and >670 long pass (far red/FL-3) filters.
Forward scatter and side scatter measurements were taken to generate a scatter plot, which was used to gate for sperm cells only, excluding any larger contaminating cells. All data was acquired and analyzed using Cell Quest Pro software (Becton Dickinson) with a total of 10,000 events collected per sample.

Lipid peroxidation was determined using the lipid-based fluorophore BODIPY581/591 C11. BODIPY581/591 C11 readily integrates into biological membranes and reacts to free radical attack with a spectral emission shift from red to green, which can be monitored and quantified by flow cytometry. Red fluorescence represents overall incorporation of the nonoxidized probe into the cell; green fluorescence represents oxidization of membrane-incorporated probe (Fig. 1).

Post thaw sperm were washed once at ×300g for 8 minutes to remove cryopreservation medium, labeled with BODIPY581/591 C11 at 20 × 10^6 cells/mL at a final concentration of 5 μmol/L, and allowed to incubate for 30 minutes at 37 °C in BWW/PVA. The cells were washed once at ×300g for 8 minutes to remove excess probe and then treated with iron promoter (80 μmol/L ferrous sulphate) in BWW/PVA for 15 minutes. Immediately after incubation with fluorophore and iron promoter, labeled cells were measured. Because it is possible for dead cells to undergo LPO, the membrane integrity probe PI was added 5 minutes before flow cytometry, so that dead lipid-peroxidized cells could be discerned from membrane-intact lipid-peroxidized cells. Cell Quest software was used to differentiate and quantify dot-plot sperm populations.

2.5. Cryopreservation

Cryopreservation of semen samples was performed by slow addition of glycerol-based cryoprotectant TEST-yolk medium with gentle continuous shaking. Semen was loaded into 0.5-mL straws at 100 × 10^6 cells/mL and allowed a brief room temperature equilibration period (20-22 °C). A Styrofoam box was filled to a depth of 4 cm with liquid nitrogen (LN2) and a 10-, 4-, or 0.5-cm thick foam “raft” was floated on top of the LN2 for 10 minutes. In preliminary studies, we determined the cooling rate at the top of each raft using thermocouples (Omega, Stamford, CT, USA) and Omegasoft Temp Monitor analysis software (Omega) based on raft thickness and distance from the liquid vapor interface. Straws were then placed on top of the raft and exposed to four different cooling-freezing rates: Slow-medium (SM; 0.5 °C/min to 45 °C/min), slow-fast (SF; 0.5 °C/min to 93 °C/min), medium-medium (MM; 45 °C/min to 42 °C/min), and fast-fast (FF; 93 °C/min to 87 °C/min).

The Styrofoam box lid was replaced, the samples remained suspended in the vapor for 1 to 5 minutes until straws reached −110 °C, and then the straws were plunged into LN2 (−196 °C) for at least 15 minutes before transfer to a large LN2 dewar for long-term storage. Semen samples were kept at −196 °C for at least 24 hours before analysis. Upon sample evaluations, duplicate semen straws were thawed for 30 seconds in a 37 °C water bath and resuspended to 50 × 10^6 cells/mL, in which motility and flow cytometric assessments were performed immediately after thawing. The cooling rate of straws while on the raft was...
measured using a data logger thermocouple (Omega) with the monitor wire inserted into a 0.5-mL straw filled with cryopreservation medium; typical curves are shown in Figures 2 and 3. Average rates of 0.5 °C, 42 °C to 45 °C, and 87 °C to 93 °C were achieved for the 10-, 4-, and 0.5-cm rafts, respectively.

2.6. Statistical analyses

This experiment was repeated three times each for three rhesus males. The effect of cryopreservation treatment was analyzed using one-way ANOVA and comparisons among treatment groups were made using the Student’s t-test. Analysis of sperm quality parameters in response to sample day and male were insignificant and were removed from the overall model (n = 9). Model fit was assessed using graphical analysis of residuals and a Shapiro-Wilk test for normality. Analysis was performed using JMP statistical software for Mac (SAS Institute, Cary, NC, USA) and a level of significance of P < 0.05 was used to assess significance.

3. Results

3.1. Cooling rate mediates membrane integrity of cells post thaw

Overall, the percentage of membrane-intact sperm was reduced by 60.8% as a result of cryopreservation (P < 0.0001; Fig. 4). More specifically, the percentage of membrane-intact cells exposed to SM, SF, MM, and FF cryopreservation treatments was reduced from 86.5% fresh membrane-intact cells by 41.4%, 41.4%, 80.3%, and 80.1% respectively. Slow suprazero cooling treatments resulted in approximately 50% membrane-intact cells, which was greater than 17% membrane-intact for medium and fast rates (P < 0.0001; Fig. 5).

The percentage of membrane-intact cells post thaw was greatly influenced by suprazero cooling rate rather than subzero freezing rate, because membrane integrity of post thaw sperm proved to be unaffected by the freezing rate used. Suprazero cooling demonstrated a treatment effect on sperm membrane integrity; exposure of cells to cooling treatments other than a slow rate resulted in a reduction in the percentage of membrane-intact cells post thaw (Fig. 5).

3.2. Cooling rate determines motility post thaw

As expected, a significant loss of motility was observed between fresh and frozen samples, 59.9% TM loss and 71.1% progressive motility (PM) loss in cryopreserved samples (P < 0.001; Fig. 6). Total motility was reduced from 90.1% in fresh controls to 36.1% in cryopreserved samples; PM was reduced from 61.4% in fresh controls to 17.7% in
Comparison of slow cooling treatments with differing cooling rate, rather than the subzero freezing rate (Fig. 7). Post thaw, TM and PM were influenced by the suprazero cooling rate, rather than the subzero freezing rate (Fig. 7). Comparison of slow cooling treatments with differing freezing rates demonstrates little to no effect of the freezing rate on motility (Fig. 7). Exposure of cells to SM and SF cryopreservation treatments resulted in 55.8%/29.6% and 48.6%/27.2%, respectively, for TM/PM characteristics. Comparison of treatments containing different cooling rates, but similar freezing rates indicated a notable influence of cooling rate on sperm motility. The TM percentage of sperm in SM and MM was reduced from 90.1% fresh TM by 38% and 74.1%, respectively; TM percentage of sperm in SF and FF was reduced by 46% and 81.5%, respectively (Fig. 7). Deviation from slow cooling negatively influenced motility of rhesus sperm post thaw.

3.3. Cooling rate influences membrane lipid peroxidation

The dual-staining system utilizing BODIPY581/591 C11 plus PI identified sperm populations with lipid oxidation, as well as dead cell populations. Flow cytometric assessment of sperm incubated with previously mentioned fluorophores mirrored what was observed microscopically (Fig. 1).

Consequently, cryopreservation of sperm resulted in a 226% increase in oxidative membrane damage compared with their fresh counterparts (P < 0.001; Fig. 4). Sperm exposed to fresh, SM, SF, MM, and FF treatments demonstrated 4.61%, 12.49%, 12.96%, 17.24%, and 17.43% membrane LPO, respectively. Lipid peroxidation was most influenced by the suprazero cooling rate, not the subzero freezing rate (Fig. 8). Sperm exposed to treatments different in cooling rates but similar in freezing rates demonstrated differences in LPO compared with sperm exposed to the same cooling rates with differing freezing rates (P < 0.05; Fig. 8). Deviation from a slow cooling rate resulted in increased LPO, whereas a variation in subzero freezing rate demonstrated no differences in LPO response. These data suggest that the
degree of oxidative stress is linked with variation in the suprazero cooling stage of cryopreservation (Fig. 8).

4. Discussion

In this study, we evaluated the effects of different cryopreservation rates on sperm membrane integrity, motility, and membrane LPO in the rhesus macaque model and whether the suprazero cooling or subzero freezing stages of cryopreservation differed in their influence on post thaw quality of sperm. The results from this study confirm the previously reported negative effects of cryopreservation on sperm [Fig. 4] [15], and indicate relationships of membrane integrity, motility, and oxidative activity with the suprazero cooling stage of low temperature storage. In support of the current work, another report demonstrated a substantial portion of membrane changes after boar sperm cryopreservation may be attributed to cooling to 5 °C rather than to the freezing–thawing [16]. Membrane lipid phase changes as a result of cooling may be responsible for the strong influence of the suprazero cooling treatment on ROS activity and thus the increased oxidative damage seen in frozen versus fresh samples. In addition, rapid cooling through thermotropic phase transitions stimulates lipid loss from membranes [17,18], and inappropriate lipid/protein reorganizations [19,20] within the sperm membranes.

Others have reported on the effects of different cooling rates on sperm in many species including human [21–23] and rhesus monkey [24]. Particularly, rhesus monkey sperm are able to tolerate a wide range of cooling rates (5 °C/min to 400 °C/min) in the presence of permeable CPAs and egg yolk [24]. In the present study, it was determined that a slow cooling rate is optimal and necessary to maintain membrane integrity and motility, and limit oxidative damage to sperm. The 0.5 °C/min cooling rate optimized the freeze/thaw response of rhesus macaque sperm and thus allowed the cells to sufficiently dehydrate, evade high-salt solution effects, and avoid intracellular ice formation. Cooling rates of 45 °C/min and 93 °C/min did not support the greatest cell survival and quality. However a similar, yet more intermediate, cooling rate of 17 °C/min to 34 °C/min has demonstrated optimal cryosurvival using a programmable freezer [25].

Optimal cryopreservation rates for any particular species, male, or ejaculate can vary depending on the CPA choice, freezing method, and thawing rate [24]. The present work indicates a positive interaction of slow cooling with glycerol, whereas the inverse was true for glycerol and medium or fast rates. Other CPAs, like ethylene glycol, utilized in cryopreservation have proven effective for rhesus sperm exposed to slow and rapid cooling [24], which advocates further exploration of other potential cryopreservation rates with ethylene glycol and other CPAs. Medium to fast cooling rates result in decreased sperm quality likely as a result of limited CPA exposure, insufficient dehydration and thus intracellular ice formation. A clearly optimal subzero rate was not indicated and therefore no obvious effect of freezing rate on post thaw quality of sperm was noted. This observation supports the belief that sperm are relatively insensitive to the rate of cooling below zero [26]. It is probable that ROS activity in temperatures below zero is limited owing to profound temperature depression into a subthermal condition not conducive to biological or molecular activity.

Motility is critical in facilitating sperm ascent of the female reproductive tract to the site of fertilization and also is required for fertilization [27]. Unfortunately, only about 60% of the motile population of a frozen ejaculate is recovered upon thawing (Fig. 7). Changes in plasma membrane structure and integrity appear to be an important component associated with reduced motility of frozen–thawed sperm [28]. Specifically, cold shock-induced modifications are characterized by metabolic damage, which may negatively influence motility [29], as well as nonspecific bilayer faults [30,31] that allow for inappropriate loss and gain of vital intracellular constituents. The latter may include but are not limited to calcium ions, nucleotides, antioxidants, and enzymes. Loss of adenine nucleotides depletes ATP stores and without ATP, motility ceases.

Intracellular calcium accumulation has been reported during low temperature storage and this influx can be attributed to modified plasma, mitochondrial, and nuclear membrane interactions that introduce leakage and ion pump dysfunction. Calcium is a major mediator of sperm function, in which Ca<sup>2+</sup> ATPase pumps maintain low ion concentration to allow correct signaling by calcium influxes, which are needed to initiate motility, hyperactivation, capacitation, acrosome reaction, and therefore fertilization in vivo [32]. Cooling-induced calcium release triggered by compromised membranes may cause premature motility activation and subsequent depletion of ATP stores necessary to maintain motility post thaw. Intracellular calcium increase is also linked with loss of membrane integrity [32] and ROS production [33]. Based on our results, it is probable that slow transit through lipid phase transition temperatures achieved through slow cooling rates resulted in
the least amount of membrane damage and thus leakage of cellular components essential to sperm function.

Modified membrane interactions owing to cooling may also promote increased ROS production that readily increases the probability of LPO to the intrinsically unstable sperm membrane. The sperm quality profile (Fig. 4) indicates an inverse relationship between LPO and motility, as well as LPO and membrane integrity, suggesting that oxidative damage may be one of the causes of decreased sperm function upon thawing. Lipid peroxidation is most significantly seen along the sperm midpiece [34], and may be responsible for motility loss owing to the proximity of the damage to energy-generating mitochondria. In addition to its negative effects on motility, ROS generation and peroxidation of sperm membrane can cause midpiece abnormalities, and reduce the ability of sperm–oocyte fusion [35]. Oxidative damage is caused by intra- and extracellular ROS production and this cooling-induced oxidative imbalance, like osmotic stress, has been linked with reduced post thaw membrane integrity, motility, and membrane integrity [36].

Because of a limited antioxidant reserve and polysaturated-rich membranes, sperm are susceptible to LPO during cryopreservation and upon thawing; LPO causes considerable mechanical stress to cell membranes [37]. Increased LPO in cryopreserved sperm cells compared with fresh sperm has been demonstrated [38], as well as a sudden burst of nitric oxide and superoxide radicals upon thawing [15]. This ROS burst may be linked with increased LPO, not only owing to their damaging nature individually, but also owing to their ability to combine with each other to form highly reactive and damaging peroxynitrite (ONOO−). At low concentrations, ONOO− induces capacitation [39], perhaps contributing to the “cryo-capacitated” state seen in cryopreserved sperm; at high concentrations, ONOO− excessively nitrosylates tyrosine residues, affecting sperm function [40].

In general, loss of motility and fertilizing ability of cryopreserved sperm can be attributed to faulty membranes and LPO of the plasma membrane [41,42]. Most of the previously and specifically described consequences stem from membrane damages caused by cold shock-induced membrane phase changes and the natural susceptibility of sperm membranes to peroxidation.

4.1. Conclusions

The results presented herein provide evidence for differences in oxidative activity and cell sensitivity between suprazoero and subzero cryopreservation environments and highlight the influence of suprazoero cooling rates on sperm membrane oxidative damage and post thaw cell quality. We also provide possible explanations for the decreased sperm cell quality post thaw. We suggest that optimization of cryopreservation methods in pre-freeze suprazoero conditions may yield improvement in cryopreservation survival of sperm. Several cooling rates have been tested to cryopreserve sperm cells, but cryopreservation progress depends on a better cryobiological understanding of sperm cells that can inspire development of methods for effective membrane stabilization and protection.

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